

Tarantella

Cockermouth - 01900 822109

ANTIPASTI

Pane e olive	£4.00
Homemade foccacia with our own marinated olives	
Pane all' aglio	£3.50
Plain garlic bread	
Con il Pomodoro o la mozzarella	£4.00
With tomato sauce or mozzarella	
Bruschetta di scombroy affumicato e fava	£6.00
Toasted bread with broad bean puree and smoked mackerel	
Bruschetta di pomodoro	£5.50
Toasted bread with tomato salsa and fresh basil	
Terrine del pollo e del prosciutto	£5.50
Pressed terrine of chicken, ham and leeks, wrapped in parma ham with split pea puree and toasted foccacia	
Antipasto Italiana	£8.00
A selection of Italian meats, olives, cheese and vegetables	
Prosciutto e ficke	£6.50
Baked figs and gorgonzola wrapped in prosciutto drizzled with a honey and pine nut dressing	
Insalata Caprese	£6.00
Vine tomato, buffalo mozzarella, fresh basil, olive oil	
Carciofi Ripieni	£6.50
Roasted artichokes filed with goats cheese, dressed with rocket and tomatoes	
Tramezzi di Sardine	£7.00
Roasted sardines stuffed with ricotta spinach pine nuts and raisins, drizzled with pesto and tomato salsa	
Insalate di fegato di pollo	£6.00 / £11.00
Warm salad of chicken livers, pancetta, baby onions, cherry tomatoes and balsamic	
Salmone affumicato	£8.00
Cartmel valley smoked salmon with, celeriac remoulade and beetroot	

Gamberoni all'aglio	£10.00
King prawns roasted with chilli, lemon, garlic and parsley	

Asparagi grigliate	£6.00
Char grilled asparagus with a poached egg and parmesan shavings, drizzled with white truffle oil	

RISOTTO & PASTA

Risotto Marinara	£11.50
Fresh salmon mussels prawns and squid with garlic and parsley	

Risotto Funghi con gorgonzola	£10.00
Risotto with mixed mushrooms and gorgonzola.	

Risotto di Zucca	£10.50
Homemade ravioli filled with butternut squash and roasted garlic, served with sage butter	

Lasagne al Forno	£9.50
Homemade ragu layered with béchamel and pasta sheets, baked in the oven	

Papardelle con Polpette	£9.50
Wide pasta ribbons with homemade meatballs, fresh tomato sauce	

Penne Carbonara	£9.50
Penne pasta with a creamy sauce, pancetta, and mushrooms finished with egg yolk	

Penne Arrabiata	£9.50
Penne pasta with Italian sausage and fiery tomato sauce	

Parpardelle Primavera	£10.50
Wide pasta ribbons with a creamy sauce of peas broad beans, asparagus, spinach and basil	

Linguini Calamaro dei Pettini	£11.50
Linguini with squid, queenie scallops, fresh chilli, garlic and parsley	

Linguini e Salmone affumicato	£11.50
Smoked salmon, prawns, creamy sauce and spinach	

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9" PIZZA

Margherita Tomato and mozzarella	£7.95
Prosciutto Strips of ham and mixed mushrooms	£10.50
Marinara Prawns, mussels, queenie scallops, squid and anchovies	£11.50
Funghi e Formaggio di Capra Mushroom and goats cheese	£10.50
Festivita di carne alla diavolo Spicy sausage, salami, chorizo, chicken and fresh chili	£10.50
Pollo Trifolati Grilled chicken, mixed mushrooms, sun blushed tomatoes and fresh basil	£10.50
Rustica Roasted red peppers, olives, capers, artichokes, red onion, rocket and pine nuts	£10.50
Tarantella House pizza with Italian meats, roast vegetables and olives	£10.50
Salmon affumicato bianca e capperi Smoked salmon from Cartmel with buffalo mozzarella, capers and fresh rocket	£12.50

CONTORNI

Bread basket	£3.00
Mixed salad	£3.00
Rocket & parmesan	£3.00
Tomato and onion salad	£3.00
Rosemary roast potatoes	£3.00

NOTE: Tarantella Cockermouth - prices correct at June 2011. Prices are subject to change, so please read restaurant menus before ordering.

MAINS

Porco Milanese Breaded pork escalope with linguini and fresh tomato sauce	£14.00
Pollo Parmigiano Parmesan crusted chicken escalope with gnocchi, peas and mushrooms in a creamy white wine sauce	£13.50
Branzino dell' Arrosto Boneless whole roast sea bass with spicy Italian sausage and rosemary risotto	£13.00
Saltimbocca di Pollo Chicken breast wrapped in prosciutto with sage, buttered spinach, turned potatoes and pan juices from the char grill	£16.00
Rib eye bistecca Griddled rib eye steak, rosti potato, mushroom cream sauce, confit shallot	£18.00
Pesci Spada Napoletano Seared swordfish steak, Mediterranean vegetables, roast potatoes and tomato salsa	£14.50
Spiedini di capesante Scallop and pancetta kebab, spinach brown butter and capers, parmentier potatoes	£17.50

CHILDREN

We are very flexible with children and their requirements. Have a chat with our friendly staff and we're sure we can please the little ones. We can prepare child size portions of most menu items, including pizza.

FOOD ALLERGIES

Please inform us of any food allergies or special dietary requirements so we can be sure to meet your needs.

PAYMENT: Payment can be made with cash and most major credit cards. Cheques are not accepted