

# Tarantella

Cockermouth – 01900 822109

## Antipasti

Olives	£3.95
A bowl of mixed Italian olives marinated in extra virgin olive oil, herbs and spices	
Pane all'Aglio	£3.25
Plain garlic bread	
With tomato sauce or mozzarella	£3.95
Zuppa del Giorno	£4.25
Freshly made soup with home baked bread	
Carpaccio di Manzo	£5.95
Thinly sliced marinated raw beef, rocket, parmesan and Caesar dressing	
Bruschetta	£4.75
Slow roasted cherry tomatoes, peppers and pesto	
Carciofi Ripieni	£6.25
Marinated artichokes with grilled goats cheese	
Gamberoni all'Aglio	£8.95
Roasted king prawns roasted with garlic, chilli and lemon and parsley	
Antipasto all'Italiana	£7.95
A selection of Italian meats and marinated vegetables	
Asparagi Grigliati	£5.95
Fresh asparagus wrapped in prosciutto, grilled with a soft poached egg	
Tramezzi di Sardine	£6.75
Roasted sardines, stuffed with spinach, ricotta, pine nuts and raisins, with tomato salsa	
Insalata Caprese	£5.50
Tomato, mozzarella and basil salad	
Terrine del pollo e del prosciutto	£5.50
Chicken, ham hock and leek terrine with split pea puree	
Spiedini di Capesante e Pancetta	£8.95
Scallop and pancetta kebab with caper butter and rocket	
Cozze alla Marinara	£6.95
Fresh mussels steamed with white wine, cream and herbs	

## Risotto & Pasta

Risotto ai Funghi	£9.95
Wild mushrooms	
Risotto alla Marinara	£10.50
Seafood	
Linguini alla Carbonara	£8.95
Cream and parmesan with egg and bacon	
Ravioli di Granchio	£10.95
Crab and potato ravioli with sage butter	
Ravioli Formaggio di Capri	£9.95
Goats cheese and spinach with a pine nut dressing	
Penne con Polpette	£8.95
Penne pasta with pork and beef meatballs and tomato sauce	
Lasagne al Forno	£8.95
Homemade and delicious	
Linguini alla Marinara	£10.95
Queen scallops. Squid, garlic and chilli	

## Pizza

Margherita	£6.95
Tomato and mozzarella	
Salsiccia Piccante e Pepperoncini	£8.95
Spicy sausage and chilli	
Funghi e Formaggio di Capra	£8.95
Mushroom, garlic and goats cheese	
Prosciutto	£8.95
Strips of ham and mushroom	
Marinara	£9.95
Mussels, squid, prawns, tuna and anchovies	
Pollo Affumicato	£9.95
Smoked chicken, mushrooms, oven-dried tomatoes and fresh basil	
Vegetariano	£8.95
Roasted vegetables, olives and herbs	

## Insalate

Formaggion di Capri Grigliate £9.95  
Goats cheese and tomato bruschetta, salad of aubergine, roast peppers and fennel with salsa verde

Insalate di Cesare £9.95  
Smoked chicken, mixed lettuce, parmesan, croutons, soft boiled egg and caesar dressing

## Mains

Branzino con il gambretti £16.95  
Roast sea bass fillet with king prawns, spinach, crushed new potatoes and a mussel, prawn and caper sauce

Speidini di Capesante e Salmone £14.95  
Skewered salmon and scallops with a creamy casserole of chick peas, artichokes and peppers

Bistecca con il ravioli della coda di blue £21.95  
Fillet steak with oxtail ravioli, roast potatoes, root vegetables, shallots and red wine

Anatra arrostita con il gratinato £13.95  
Roast duck breast with a gratin of potato, braised cabbage, and lentils with a juniper jus

Agnello brasato £13.95  
Pot roast shoulder of lamb with roast Italian vegetables, basil and tomato gravy

Pollo agli gnocchi £13.95  
Roast breast of corn fed chicken with a creamy sauce on pancetta and peas with potato dumplings

## Specials

We have daily specials to include local fish

## Contorni

Bread basket	£3.00
Mixed salad	£3.00
Rocket & parmesan	£3.00
Tomato and onion salad	£3.00
Rosemary roast potatoes	£3.00

## Early Dinner

2 courses £10.95 or 3 courses £13.50  
Choose from 6 starters, 6 mains and 4 desserts

Available between 5pm-6.30pm  
Tables to be vacated by 8pm

### Children

We are very flexible with children and their requirements. Have a chat with our friendly staff and we're sure we can please the little ones. We can prepare child size portions of most menu items, including pizza.

### Food Allergies

Please inform us of any food allergies or special dietary requirements so we can be sure to meet your needs

### Service charge

A discretionary service charge of 10% will be added to the bills of groups of more than 6